



SUNCOM INDUSTRIES • INC
 Helping People Reach Their Potential
 Northumberland, Pennsylvania

Summer 2009

SUN Lights

Save the Date!

**ANNUAL
 FAMILY PICNIC
 Saturday,
 September 12th**

**Knoebels Grove
 Pavilion S
 Lunch at 11:00am**

Fun for All!

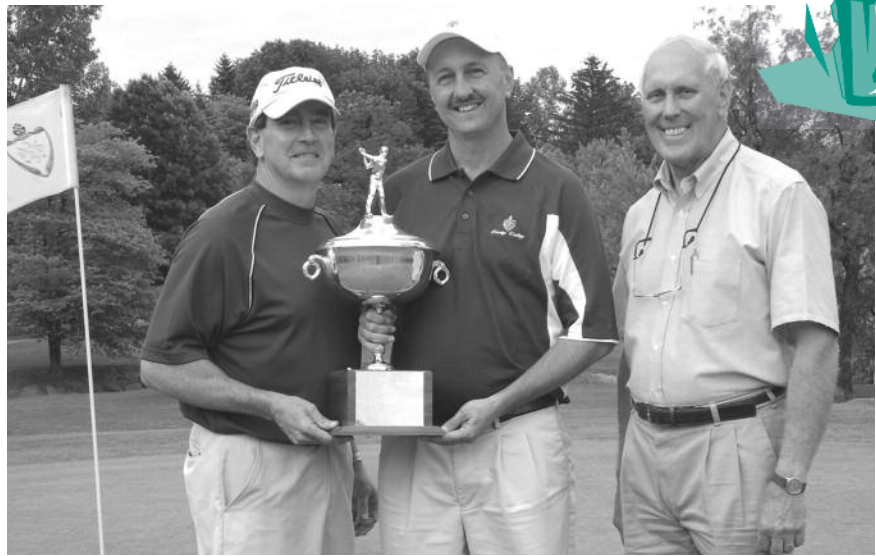
**Wellness Walk
 Bloomsburg Town Park
 September 18th**

**Wellness Fair
 Danville State Hospital
 October 22nd**



**January 9, 2010
 Dirk Sojka Slam Dunk
 with Bison Basketball at
 Bucknell University**

Ace in the Hole



Bill Coiley presents the award for overall winner to Al Kline. Bill, Al and Suncom board chairman Al Reeves enjoyed a day of golf and camaraderie.

Suncom's 22nd Annual Golf Tournament *The Blair Judy Classic* was held on June 1st at the Frosty Valley Country Club in Danville. We were blessed with a wonderful day with 84 golfers participating in the day's festivities. Winners of various prizes are:

Overall Winner: Al Kline
 (Round of 73)

Closest to the Pin Winners:

Hole #4: **Fred Shepperson**

Hole #8: **Mike Kowalick**

Hole #12: **Mike Kowalick**

Hole #16: **Carl Benjamin**

John Michaels won our putting contest and generously donated all

proceeds back to Suncom. **Jeff Coup** won our 50/50 raffle and also donated a portion back to Suncom.

We had a total of 37 hole sponsors and numerous prize donors that helped make our tournament very successful as we were able to raise more than \$11,000 which will be used for production equipment and the Multi-Sensory Environment Room. Thanks to everyone who helped make the tournament successful, including our golf committee: **Carrie Charles, Theresa Konjura, Karen Keppler, Theresa Clark and Holly Zeigler.**
See you next year!

A Message From Peggy Vitale

SUNCOM BOARD

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OF COUNSEL:

Walsh & Menapace

Robert L. Walsh

62 North Front Street

Sunbury, PA 17801

286-6500

For more photos and updates,
please check out our website
www.suncom.org

Suncom is a proud member of
the Danville, Union County and
Greater Susquehanna Valley
United Way.



Together We Can Make a Difference...

Non-profit agencies most times survive and thrive by the generosity of their donors and supporters. People from the community, businesses and foundations help the agency meet the needs of the service recipients. The goal of any service is to improve an aspect of someone's life such as education or training level, living conditions, independence skills, financial situation or health status. In general to *make a difference*. Suncom programs touch on all of those aspects.

For over 450 people with disabilities, Suncom has been there to offer the opportunity to learn, to be involved, to be social, to make money and to belong. Services can be brief or life-long. The need and responsibility are tremendous and we could not do it alone.

Donors and sponsors contributions, both direct and indirect to our agency, are so important. Attending a fundraising event, buying a raffle ticket, donating items or providing a service are all different ways to support our organization. As needs change and increase, Suncom has had to rely more on the generosity of our donors. Gifts have made it possible to repair buildings, purchase equipment, upgrade furniture, improve safety and improve the quality of our service. Each of these directly benefit the people enrolled in our services.

Suncom is truly fortunate to have the support of so many businesses, board members, families, organizations, foundations and community people. Over 250 people have given generously to us and together we have made a difference. *Thank you!*

Welcome!

Suncom is pleased to have 2 new board members – Jeff Leitzel and Fred Hoffman. Jeff Leitzel is an Assistant Professor of Psychology at Bloomsburg University. Fred Hoffman is the owner of Hoffman Advertising. We are grateful to them for giving of their time to Suncom.

A Dedication Donation is a thoughtful way to recognize the achievement of a friend, child or loved one. A donation is made to Suncom to commemorate someone's birthday, anniversary or other special occasion. It is also a way to create a fitting memorial to the life of a beloved family member or friend. Your Dedication Donation is a unique way to honor or remember someone special, and it helps Suncom continue with our services in the community.

For more information, please
contact Peggy Vitale at 473-8352.

Special Thanks....

to the families of the following, who designated Suncom for memorial contributions for their loved ones.

Gary Berry, parent of an individual who attends the
Northumberland facility.

Lori Morgan, who attended the Bloomsburg Vocational Program.

Golf Tournament - from cover

Corporate Sponsors

Americus Ambulance Service
Buzzy, Inc.
FNB, Bank
Grandview Health Home, Inc.
Weis Markets

Gold Sponsors

Gold-N-Copy, Inc.
Heister House Millworks Inc.
Norwood Industries
North Central Digital Systems Inc.
Worldwide Insurance & Reinsurance Serv., Inc.
Joe, Judy & Mary Kleinbauer

Silver Sponsors

The Coup Agency
Geisinger Health System
The Martin & Zevola Family
Walter's Automotive
Wood Mode Inc.
Ellen Smith & Joe Zevola Family

Bronze Sponsors

Best Cleaners
Butter Krust Baking Co.
Budco, Inc.
First Quality
First Keystone National Bank
Hangerman, Inc.
Hepco Construction, Inc.
Hoffman Advertising
Janice & Stanley Kazar
Knoebels Amusement Resort
Kratzer Oil Co.
Marko Radiator, Inc.



We would like to thank the many sponsors who provided gifts and food to help make this event a great success, and all those who have supported this event for over 20 years!

Milco Industries, Inc.
Newton Advertising, Inc.
Sunbury Motors
Suncom Staff & Management
Sunbury Textile Mills
W.A. DeHart, Inc.
Walsh & Menapace Attorneys
Windsor Foods

Hole in One Sponsor:

Hawkins Chevrolet

Special Thanks to:

Bradley Shoemaker Gallery
Open Door Gallery
Bill Gray & Sons Furniture
John Dagle Jewelers
Busch Gardens - Tampa Bay
Thanks for your Donations!
Pardoe's Perky Peanuts
Williamsport Candy Co.
Pepsi-Cola Bottling Co.
Brewer's Outlet
Parkhurst Dining Services
Coca-Cola Bottling Co.

Cash and Prize Donations

A.C. Rohrbach
Applebee's
BJ's Steak & Rib House
Bloomsburg Theatre Ensemble
Bloomsburg University-
Office of Sports Information
Bucknell Golf Club
Bull Run Inn
Cherokee Golf Course
Club 101
Bill Coiley
Country Inn & Suites
Custom Car Care Center
Damon's Grill
Employees Services, Inc.
Giant Foods

Good Ole Days
Knoebels 3 Ponds Golf Course
Theresa Konjura
La Primavera Ristorante & Pizzeria
Lewisburg Hotel
Liberty Valley Country Club
Lowe's
LT Evans
Marcos Tapas
Market Street Deli
Marlin's Sub Shop
McCann School of
Business & Technology
On Fire Promotions
Perkins/JDK Management
Phil Mickelson Foundation
Red Robin
Al & Ann Reeves

Reichart's Mardigras
Rose Marie's Restaurant
Shade Mountain Golf Course
Shade Mountain Vineyards
Graham Showalter
Spyglass Winery
Sunbury Sub Shop
Tedd's Landing
Peggy Vitale
Walker's Jewelers
Watson Inn
Wind-N-Sea Spa
Woolrich
Worldwide Insurance & Reinsurance
Services, Inc.
Wynding Brook Golf Club
Yankee Candle

Bloomsburg NEWS & NOTES

Community Unity: What's Happening in Bloomsburg



The CU participants toured Scissorhands in Danville. Eileen Warner; Cathy Smith and Jeff Bigart watch owner Lore Nuss in action.

King and queen of the Valentine's day dance voted by Bloomsburg Suncom individuals. The happy couple are Brandon Jenkins and Tara Leitzel. Congratulations!!



Jennifer Capece tastes syrup from a tapped tree during the Montour Preserve Syrup Tapping tour.

A Day at the Park



Kayla Grove and Mykee Bookman enjoy a day of fun in the sun at the Bloomsburg Town Park.



Jennifer Davis, assisted by Belinda Karns, DSW enjoys riding a swing at the Bloomsburg Town Park.



Jennifer Davis, Kim Poust, DSW, Bill Elwell, Jen Hess, DSW and Johnna Wright at the Bloomsburg Community Garden.

Wellness - Improving Our Health



Bradley Pitchford, CU participant, and RaeAnn Kinney, Wellness Coordinator, enjoy a ride together on a two-person bike which was generously donated by Marlin Reedy of Bloomsburg.



Larry Gipple uses the recently purchased NuStep in the wellness room.



Wayne Kerstetter and Ken Shultz participate in the walking club at the Columbia Mall.



Members of the Growing Stronger program display an award received from Action Health during Action Health Awards & Recognition Banquet. Suncom was the recipient of the Exemplary Community Partner Award. In photo: Chrissy Fausnaught, Andrea Andrews, David Welsb, and Donald Styer.



Margeaux Strelecki relaxes in the massage chair which was purchased with a donation from a parent. Comfy!

For more Bloomsburg photos and stories, go to www.suncom.org

Northumberland NEWS & NOTES

Individuals Receive Recognition

Two Special Program participants received awards: On April 25, 2009 **Brenda Keister** received a "Certificate of Appreciation" from RiverWoods for volunteering 485 hours



in 2008. In her five years at RiverWoods, Brenda has logged a total of 2,122 volunteer hours.

On June 16, 2009 **Lonnie Klock** received a



"Certificate of Achievement" from the Self-Determination Council of Northumberland County for deciding what activities Lonnie wanted to do at Suncom by pointing to and

physically showing his staff, Dan Dombroskie. Lonnie determined that he wanted a garden this summer, so together they built *Lonnie's garden*.

United Way, "Live United"

"Living United" means being a part of lasting change, which sums it all up for the Multi-Sensory

Environment (MSE) and the individuals who utilize the room. **John Snook** is blind and has developmental disabilities; while in the MSE room, sensory stimulation is provided. In this picture John is utilizing a multi-sensory box which contains a variety of different textures for him to explore. John enjoys trying to identify the items. A very big *thank you* to United Way for making this possible!



Suncom & Evangelical Community Hospital continue to STEP UP!

Suncom's walking club, which enables individuals and staff to exercise year-round, has expanded to the "200 Mile Club." Six individuals and two staff have walked over 200 miles. They have been recognized at an awards ceremony and their names will be placed on a plaque, which will be displayed on the production floor.

There are a total of 118 walkers who have walked over 5,500 miles and within the last few months two stationary bikes and a rowing machine have been added to the Stepping Up program for the individuals to utilize.

ATW NEWS & NOTES

People, Pets & Projects



Arthur Swartz and David Buckley wore authentic Indian "dress" – clothing, jewelry and headbands – to the POW WOW in March at the ATW.



Cheryl Hill, Mostly Mutts, looks on as Sara Ostra feeds a dog a treat, made by ATW.



Kathryn Sprenkle, Kathy Burd and David Buckley wear masks and play ukuleles during the Mardi Gras/Hula Party in February at the ATW.

Coal Township ATF NEWS & NOTES



Peggy Vitale, Joan Souza and David Hasuga

Joan Souza, Coal Township ATF Program Specialist was the first provider agency employee recognized at the Annual Northumberland County Parent to Parent & Self Determination dinner for her contributions towards the self determination movement. What a tremendous honor. Congratulations Joan!



Brian Habermill, Self Advocates of Northumberland County Coordinator, visits with people at the Coal Township program.

Juana Serrano, Joleen Smith, David Zinda, David Hasuga and Allison Hummeland attend the Art Exhibit at the Northumberland County Career Center.



The Safety Corner By Roger Dietz

It's time to be thinking about the upcoming flu season, which typically runs from late December to early March. Sickness from the flu is the #1 cause for work loss in the U.S. You have probably heard of Swine Flu, which the Center for Disease Control says is a new type, called N1H1 virus. Since July of 2009, the CDC reported 40,617 cases, resulting in 263 deaths.

The regular flu virus and N1H1 are both spread the same way. When you cough or sneeze, you expel tiny droplets of the viruses. Those droplets can live on a hard surface from 4 to 6 hours. When you touch the surface that has been contaminated and you touch your eyes, nose or mouth, you increase your risk.

What can you do to reduce your risk of catching the virus?

- Wash your hands. Studies have found that washing your hands 5 times a day will reduce your risk by 45%. When you can't wash your hands, use hand sanitizer.
- Keep your workspace clean. Clean your desk, telephone and doorknobs.
- Eat a balanced meal every day and drink plenty of water. Keep your strength up to fight off diseases.
- Avoid coworkers who are sick.
- When you are sick, stay home. Don't spread your germs.
- The flu is a respiratory virus, don't aggravate it by smoking.
- When you must sneeze, sneeze in your inside elbow, not your hands. Remember, when you touch something with your hands, it is now contaminated.

Until next time, think healthy!

Pre-Vocational Service: Production Progress Let Us Work with You!

Summer production sometimes goes on vacation, but Suncom has been fortunate to have plenty of work and we have been productive throughout this summer. Several jobs have been steady coupled with a few new additional ones that have kept individuals and staff busy learning and earning.



Jim Shields uses automatic sealer to package plasticware for food industries.

Marketing efforts continue to look for new businesses to partner with to benefit both. Contact **Bill Coiley** at 570-473-8352 if you want to put us to work!

Our rates are very competitive and our quality is outstanding.

CIES: Community Integrated Employment Services SUCCESS STORIES



Renee Springer was the 2009 runner-up Nettie Mann Award winner for PIBH. Renee was treated to a lovely evening of dinner, entertainment and awards. As a runner-up, Renee received a plaque and a \$100 cash gift.

Bobbi Jo Bowersox receives her first paycheck from her employer Vito Mazzamuto (*right*) of La Primavera Ristorante, who became a partner with CIES in 2009 and gave Bobbi Jo her first job opportunity in competitive employment.



Jon Lore celebrated his one-year anniversary working at the Custom Car Care Center in Bloomsburg in June of 2009.

Jon is also involved with CIES Employment Related Habilitation services. He is currently exploring his options regarding working in the community and is looking forward to it very soon. Jon is interested in volunteering with his local fire department and is an



CIES recently presented the Selinsgrove Wal-Mart with certificates of appreciation for their support in working with supported individuals. In the photo is **Adam Catlin** who is employed at Selinsgrove Wal-Mart as a people greeter.



active member of Special Olympics, where his sport of choice is bowling.

Jon is very family oriented and is excited about becoming an uncle soon. He plays football with his

friends when he is not working. Congratulations, Jon, on your anniversary and best wishes for a successful future!

Wish List

You can help...We can always use items you may no longer need.

Commercial Stove
Commercial Dishwasher
(5) Commercial Doors
Full Size Double Oven
Gift Cards for Wal-Mart,
Target & Sears
Bubble Column
Disco Ball

Automatic Sealer
Small Heat Tunnel
Copier Machine
Laptop Computers
Microwave
Wall Mount Vacuums
Steamer/Extractor
Hip Vacuum

Canister Vacuum
Burnisher Floor Care Machine
Stand-In Table
2 Wheelchairs with Foot Rests
Van
2,000 sq. ft. Modular Home
Outdoor Maintenance Shed



SUNCOM INDUSTRIES • INC
Helping People Reach Their Potential

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To learn more about Suncom, visit us at: www.suncom.org or contact Peggy Vitale at 570-473-8352.

Our Mission Suncom Industries is a non-profit human service agency. Suncom's mission is to promote socialization and provide vocational assessment, training and employment opportunities to enable persons with disabilities to fulfill their greatest potential within the community.

*From what we get,
we can make a living.*

*What we give,
however, makes a life.* – Arthur Ashe

Your donation will benefit the Multi-Sensory Environment Room.

I _____,

will contribute \$_____ to Suncom Industries for the Multi-Sensory Environment.

Address _____

Telephone/Email _____

Please make checks payable to: Suncom Industries, Inc. – MSE.

Thank you for your generosity.